



# National Nutrient Database for Standard Reference

## Release 28 slightly revised May, 2016

### Statistics Report 35073, Soup, fish, homemade (Alaska Native)

Report Date: July 16, 2017 06:28 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per 100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
<strong>Proximates</strong>													
Water <sup>1</sup>	g	84.00	1	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	04/2004
Energy	kcal	72	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2004
Energy	kJ	300	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2004
Protein <sup>1</sup>	g	7.40	1	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	04/2004
Total lipid (fat) <sup>1</sup>	g	2.20	1	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	04/2004
Ash <sup>1</sup>	g	0.80	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2004
Carbohydrate, by difference	g	5.60	--	--	--	--	--	--	--	--	Calculated or imputed	--	04/2004
<strong>Minerals</strong>													
Calcium, Ca <sup>1</sup>	mg	35	1	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	04/2004

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Iron, Fe <sup>1</sup>	mg	0.50	1	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	04/2004
Magnesium, Mg <sup>1</sup>	mg	1	1	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	04/2004
Phosphorus, P <sup>1</sup>	mg	112	1	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	04/2004
Potassium, K <sup>1</sup>	mg	128	1	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	04/2004
Sodium, Na <sup>1</sup>	mg	30	1	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	04/2004
Manganese, Mn <sup>1</sup>	mg	0.010	1	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	04/2004
<b>Vitamins</b>													
Vitamin C, total ascorbic acid <sup>1</sup>	mg	0.3	1	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	04/2004
Thiamin <sup>1</sup>	mg	0.070	1	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	04/2004

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Riboflavin <a href="#">1</a>	mg	0.020	1	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	04/2004
Niacin <a href="#">1</a>	mg	2.640	1	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	04/2004
Pantothenic acid <a href="#">1</a>	mg	0.010	1	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	04/2004
Vitamin B-6 <a href="#">1</a>	mg	0.010	1	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	04/2004
Folate, total <a href="#">1</a>	μg	1	1	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	04/2004
Folate, food	μg	1	1	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	04/2004
Vitamin A, IU <a href="#">1</a>	IU	40	1	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	04/2004
<b>Lipids</b>													
Fatty acids, total saturated <a href="#">1</a>	g	0.500	1	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	04/2004

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Cholesterol <sup>1</sup>	mg	12	1	--	--	--	--	--	--	--	Analytical data from the literature, partial documentation	--	04/2004

Sources of Data

<sup>1</sup>Elizabeth Nobmann Nutrient Value of Alaska Native Foods, 1993